

**LARGE PORES:** how can something so small be such a big deal? Probably because enlarged pores make it difficult to have smooth, firm, tight, youthful-looking skin. Correcting large pores can be a challenge, and it's even harder for men who tend to have larger pores and more oil glands than women.

Diet, genetics, stress, the environment and the sun all contribute to the common visible signs of aging. They include fine lines, wrinkles, dullness and loss of natural hydration, but did you know enlarged pores are also part of the natural process of aging?

**THE SOLUTION** Introducing **Ossential® Instant Pore Refiner**, a lightweight serum clinically proven to minimize the appearance of pores combined with **Palomar IPL**.



**REFINES**  
ENLARGED PORES



**MINIMIZES**  
SURFACE SHINE



**SMOOTHES**  
SKIN TEXTURE

**THE RESULT** an instantly mattified, more youthful looking appearance.

### Here are a few **do's**:

- Make sure that you use the right cleanser. Use one designed for oily skin—look for ingredients like salicylic, glycolic, or lactic acid, and make sure that you use it for one full minute—it takes that long to break down sebum. Even if you think you have “normal” skin, we recommend a cleanser for oily skin, like [ZO's Exfoliating Cleanser](#). That's the first part of the regimen, twice a day—morning and night.
- Exfoliate! Once a day is not too much. You need to get rid of the dead surface skin cells so that the younger, healthier, living ones can emerge. If you don't exfoliate regularly, your skin will appear dull and dry. We like a good scrub, like [ZO's Exfoliating Polish](#). It has round magnesium crystals so won't irritate the skin. And scrub diligently—what you really want to do is to stimulate your skin cells, keeping them alive and active!
- Deep cleanse your pores with [TE pads](#)—they're soaked in a combination of salicylic and glycolic acid to exfoliate the skin, thus speeding up skin renewal.
- Use [Ossential® Instant Pore Refiner](#), a lightweight serum clinically proven to minimize the appearance of pores

### And a few **don'ts**:

- Don't get overzealous. Avoid the use of harsh astringents and toners, as they can exacerbate the problem.
- Don't overuse moisturizers. They compact dead cells and decrease cellular turnover. When your pores get clogged and skin isn't allowed to exfoliate normally, you increase the probability that pores will be enlarged.
- Don't try to cover up the problem with foundation or powders, it won't work and will only irritate the pores.
- Bottom line, when treating large pores, work with the basics—a cleanser and an exfoliant—daily.